



APRIL | 2017

North Central Eagles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Boneless Wings French Fries Celery & Ranch Soft Pretzel Fruit Milk	4 Ms. Diane's Choice Chicken Gravy Over Mashed Potato Seasoned Corn String Cheese Grapes Milk	5 Rib-B-Q on Bun Seasoned Green Beans Punkin Cookie Fruit Milk	6 Hot Dog (k-6) Chili Dog (7-12) French Fries Calico Beans Fruit Milk	7 Italian Dippers Marinara Sauce Baby Carrots Romaine Salad Fruit Milk
10 Nat'l Submarine Day Eagle Sub Assorted Toppings Chips Baby Carrots 100% Juice Fruit Milk	11 Mr. Rob's Choice Popcorn Chicken Seasoned Pasta French Fries Fruit Slush Milk	12 Ms. Misty's Choice Mini Corn Dogs Roasted Potatoes 100% Juice Goldfish Mandarin Oranges Milk	13 Spaghetti w/ Meatballs Side Salad Garlic Toast Fruit Milk	14 No School Good Friday
17 Nat'l Cheeseball Day Chicken & Cheese Flatbread (BBQ or Ranch) Glazed Carrots Brownie Fruit Milk	18 Mr. Boyer's Choice Hamburger Gravy over Whipped Potato Seasoned Green Beans Dinner Roll Pears Milk	19 Nat'l Garlic Day Chicken Parmesan Garlic Parmesan Noodles Steamed Broccoli Garlic Toast Fruit Milk	20 Ms. Amy's Choice Mac & Cheese Seasoned Peas 100% Juice Dinner Roll Pineapple Milk	21 Stuffed Crust Pizza Seasoned Corn Side Salad Fruit Milk
24 Turkey Stew over Biscuit Yum-Yum Bar 100% Juice Fruit Milk	25 Nat'l Pretzel Day Cheeseburger On Pretzel Bun French Fries Baby Carrots Fruit Milk	26 Pork Carnita Taco Lettuce & Cheese Pintos & Cheese Tortilla Chips & Salsa Fruit Milk	27 Ms. Kathy's Choice Chicken Alfredo w/ Rotini Seasoned Peas Garlic Toast Pineapple Milk	28 Fiestada Pizza Seasoned Corn Romaine Salad Fruit Milk

News

Breakfast Menu

Mon- Egg & Cheese Wrap
Tues- Breakfast Pizza
Wed- Egg & Cheese Bagel
Thurs- Pancake & Sausage
Fri- Biscuit & Gravy

**All are served with Fruit choice,
 100% juice and milk**
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**This month is our contest
 month. The staff has
 chosen their favorite meals
 to see which will have the
 most served.**

Breakfast Fact

MyPlate recommends:

The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.

Reference: USDA. MyPlate.gov.
 Internet: <http://www.myplate.gov>

20th – Nat'l High Five Day

This institution is an equal opportunity provider